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Subject: [MCR] Try... Squash!
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To: "mcr@jesus.ox.ac.uk" <mcr@jesus.ox.ac.uk>
▶ 3 Attachments, 173 KB

MCR!

In this new series of e-mails I will attempt to highlight some fun sport that you may wish to check out, with information to allow you to do so!

In this second e-mail, that sport is... **squash!**

I went to the Jesus College squash courts on Monday and it was much fun. The courts are conveniently located on St Cross Road opposite the New College Weston Buildings and sports ground. After booking (see attachment) and retrieving the key from the lodge, we were over there warming up our balls like crazy!

You need a racket (the lodge has a few spares you can borrow), a ball (theres usually some spare on the floor at the courts, but they cost little) and appropriate trainers.

It takes place in a roughly cubical room big enough for two people to run around in, and the rules are simple enough. Google it.

This is what a court looks like: <http://www.youtube.com/watch?v=x7ssbXidh0s>

It's very easy to pick up, and is a hell of a cardio session. It's a popular sport so is well worth getting into - many people are up for a game!

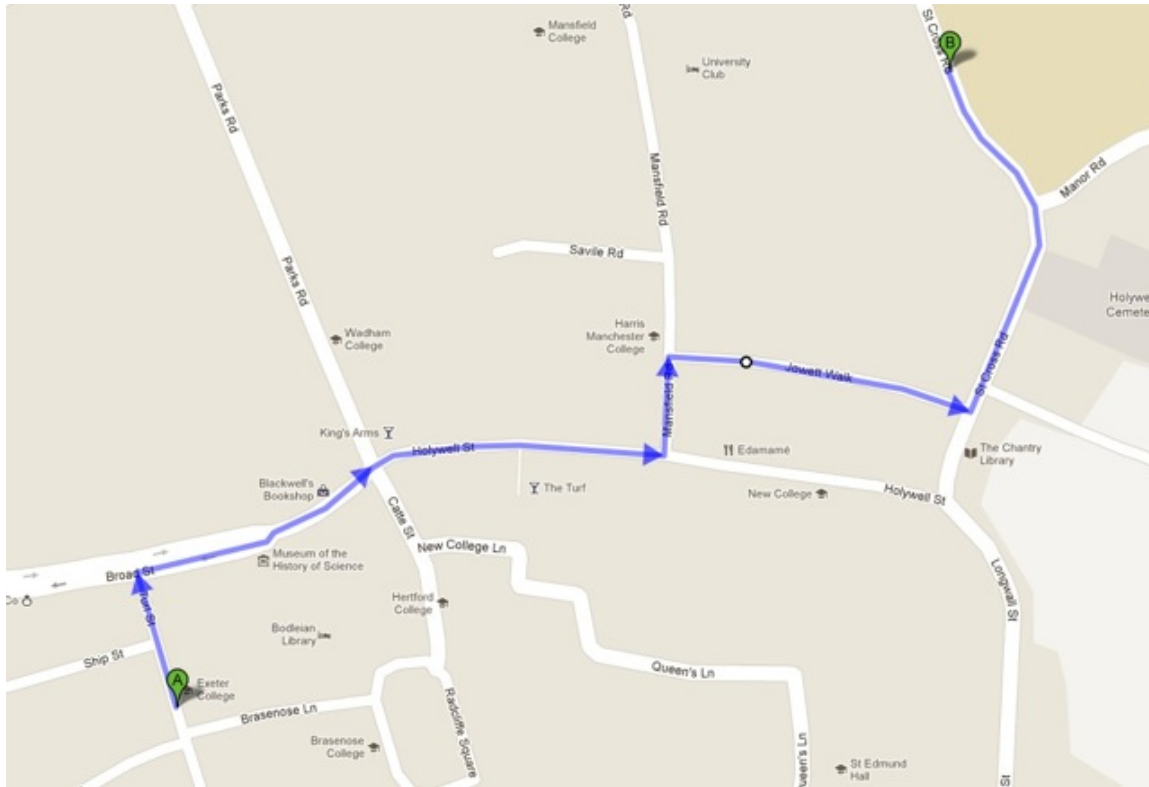
The last known captain of the Jesus College Squash Club is alex.evans@jesus.ox.ac.uk if you are interested in a more serious approach.

Yours in sport,

Ed

<http://mcr.jesus.ox.ac.uk/>





Hi all,

As those of you who were at the MCR meeting this week will know, I asked the College to introduce a booking system for the squash courts. I know many people find it frustrating when they arrive at the Lodge to find there are no keys available.

A booking system is now active and will operate in a similar way to the punt booking sheets - a booking file is available at the Lodge, where you can book courts in advance. There are as yet no restrictions on the number of sessions you can book, but please be considerate and ensure that if you do book, you turn up, or cancel the booking if you are unable to attend.

Also, a reminder that squash court 3 is not available between 10am and 3pm daily and that Lincoln College students can also use one court. They will be able to book in advance too.

This is a trial system, so please send me any feedback so that we can make any adjustments required.

I hope this will be a better system for everyone.

Best wishes,

Jon

--
Jon Williams
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